

JOIN US FOR THE

9th Annual Parent Training Event

Mental Wellness & Self-Care for Parents:
Why Making Time for Yourself Matters

May 13, 2021 | 9 AM to 1 PM
Virtual Event ~ Zoom

Impactful
Workshops

Games &
Raffles

Virtual
Community Vendors

Register using the link below or by
contacting your Family Service Worker!

<https://www.surveymonkey.com/r/QBSZZYV>

For questions or more information, please call (724) 728-2110

